

**Activités ADULTES / Adults AES**  
**SECOND SEMESTER : 06 JANUARY - 21 JUNE 2025**

DAY	COACH	ACTIVITY	LEVEL	START	END	Duration	Price Rp	Price €
MONDAY	GULDNER Gregory	HiIT / Renforcement musculaire - muscular reinforcement	Adultes	8H30	9H30	1H	Rp 1.575.730,00	€ 92,69
	ROFIQI Edi	Natation Swimming	Lycée/Adultes	18H10	19H10	1H	Rp 1.575.730,00	€ 92,69
TUESDAY	DE MARICOURT Joelle	Cours de français - French Course	BEGINNER Adultes	14H40	16H00	1H20	Rp 2.095.760,00	€ 123,28
	GULDNER Gregory	HiIT / Renforcement musculaire - muscular reinforcement	Adultes	8H30	9H30	1H	Rp 1.575.730,00	€ 92,69
	GUSTI Zain	Pilates	Adultes	18H10	19H10	1H	Rp 1.575.730,00	€ 92,69
	MAULIDIANA Athesa	Cours d'indonésien - Indonesian Course	Adultes BEGINNER	16H00	17H00	1H	Rp 1.575.730,00	€ 92,69
WEDNESDAY	ABUTHAN Aldy	Batterie - Drums : : 30mn/session (individual)	Tout public / For all	18H15	20H15	0H30	Rp 4.165.000,00	€ 245,00
	LAOH Dennis	Krav Maga / Self Defense	Adultes	16H45	17H45	1H	Rp 3.026.000,00	€ 178,00
	MOULIN Gregory	Natation - Swimming	ADVANCED Lycée Adultes	18H10	19H40	1H30	Rp 2.363.680,00	€ 139,04
THURSDAY	ABUTHAN Aldy	Batterie - Drums : : 30mn/session (individual)	Tout public / For all	18H15	20H15	0H30	Rp 4.165.000,00	€ 245,00
	DE MARICOURT Joelle	Cours de français - French Course	INTERMEDIATE Adultes	14H40	16H00	1H20	Rp 3.485.000,00	€ 205,00
	GULDNER Gregory	HiIT / Renforcement musculaire - muscular reinforcement	Adultes	17H15	18H15	1H	Rp 1.575.730,00	€ 92,69
	CHERIF Sarra	English Course	BEGINNER/INTERM Adultes	16H00	17H00	1H	Rp 1.575.730,00	€ 92,69
	NUR Raiza	Yoga	Lycée/Adultes	18H15	19H15	1H	Rp 1.575.730,00	€ 92,69
FRIDAY	WALTZIO EDUTAINMENT Priscilla	Violon/Contrebasse/Strings : 30mn/session (individual)	Tout public / For all	13H30	15H30	0H30	Rp 4.165.000,00	€ 245,00
	Mr HEYDAR	Tir à l'arc - Archery	Adults	15H10	16H10	1H	Rp 2.274.940,00	€ 133,82

Les prix correspondent à l'ensemble des sessions du semestre  
 Prices are for all sessions in this semester