

PLANNING OF EXTRA-CURRICULAR ACTIVITIES
SECOND SEMESTER : 6 JANUARY TO 21 JUNE 2025

MONDAY	8h30	9h00	9h30	14h30	14h40	15h20	15h40	16h00	16h20	16h40	17h00	17h20	17h40	18h00	18h20	18h40	19h00	19h20	19h40	20h00	
CAPOEIRA Kindergarten Motricity Mimi Huang & David Banthus				14h30-15h30 MS/GS				15h50-16h50 Elementary													
BADMINTON Gymnasium MOULIN Gregory															17h50-19h20 ADVANCED Collège/Lycée						
GYMNASTIQUE Gymnasium FAST GYM				14h40-15h40 Elementaire				15h50-17h20 ADVANCED Elementaire													
FOOTBALL Sports field FFF Academy												17h10-18h10 U11 (CM2-6e)			18h20-19h50 Compétition U19						
HOMEWORK HELP Teachers Room A01 BONHOMME Céline				14h40-15h40 Elementaire																	
HOMEWORK HELP Room A108 DECENDIT Mathilde				14h40-15h40 Elementaire																	
ECHECS / CHESS ROOM B01 HENDARYANSYAH Darmin				14h40-15h40 BEGINNER Elementaire									17h10-18h30 INTERM BEGIINER CM1-CM2-Collège/Lycée								
COSPLAY Arts Room PRATAMA Dian															18h00-19h40 4e-3e / Lycée						
PIANO Music Room SARASONO Awinta						15h00-18h30 Elem-College-Lycée															
NATATION / SWIMMING Swimming Pool Edi Rofiqi & Ganjar Nugraha				14h30-15h30 MS/GS				15h50-16h50 Elementary			17h00-18h00 Collège			18h10-19h10 Lycée / Adultes							
HIP HOP Dance Room HUSEN Ali				14h40-15h40 INTERMEDIATE Elem																	
HiIT / Renforcement musculaire Dance Room GULDNER Gregory	8h30-9h30 Adults																				
COOKING School Kitchen LAMBERT Marine				14h40-15h40 MS-GS-CP																	
PADEL Racket Club Cilandak Iqbal Effendi					15h15-16h15 Elementary																
TENNIS American Club Dharmawangsa Sulistiono							15h30-16h30 CE1-CM2														
LEGO MODELING ROOM A03 Lighteducation				14h45-15h45 Elementary																	
KICKBOXING Kindergarten Motricity PRAWIRA Pierre															18h20-19h20 3e/Lycée/Adults						
ESCALADE - CLIMBING Indoclimb FX SUDIRMAN SEMET Benoit																					18h30-20h00 College/Lycée
Trompette/Sax/Clarinette - Brass ROOM B101 MULYANTO Leonardus								14h40-17h10 Elementaire/Collège/Lycée													

PLANNING OF EXTRA-CURRICULAR ACTIVITIES
SECOND SEMESTER : 06 JANUARY TO 21 JUNE 2025

TUESDAY	8h30	9h00	9h30	14h30	14h40	15h20	15h40	16h00	16h20	16h40	17h00	17h20	17h40	18h00	18h20	18h40	19h00	19h20	19h40	20h00
PILATES Kindergarten Motricity <i>GUSTI Zain</i>																	18h10-19h10 Adults			
YOGA Dance Room <i>NUR Raiza</i>																	18h15-19h15 Adults			
BASKETBALL Gymnasium <i>BAKTI Tiara</i>					14h40-15h40 U7-U9 2015/2016/2017															
VOLLEYBALL Gymnasium <i>SEMET Benoit</i>														17h15-18h30 BEGINNER Collège			18h30-20h00 ADVANCED Collège/Lycée			
FOOTBALL Sports field <i>FFF Academy</i>								15h50-16h50 U7 (CP-CE1)			17h10-18h10 U13(5e/4e)/U15 (3e/2nde)						18h30-20h00 Football COMPETITION U17			
HOMEWORK HELP BCD <i>GOUYETTE Amélie</i>					14h40-15h40 Elementaire															
INDONESIAN COURSE Room A 101 <i>MAULIDIANA Athesa</i>								16h00-17h00 BEGINNER Adultes												
COOKING School Kitchen <i>LAMBERT Marine</i>					14h40-15h40 MS-GS-CP															
FRENCH COURSE Room A 109 <i>DE MARICOURT Joelle</i>					14h40-16h00 BEGINNER Adultes															
PAINTING Arts Room <i>NURSITA Nita</i>								15h50-16h50 Elementaire												
PIANO Music Room <i>DEIL Wilbert</i>								16h00-18h00 Elem-College-Lycée												
PAINTING Kindergarten Canteen <i>NURSITA Nita / Maia</i>				14h30-15h20 MS/GS																
ARTISTIC SWIMMING Swimming Pool <i>SABIHISMA Arsyi</i>					14h40-16h00 INTERMEDIATE LEVEL 2 Elem															
HiIT / Renforcement musculaire Dance Room <i>GULDNER Gregory</i>	8h30-9h30 Adults Intermediates																			
HIP HOP Dance Room <i>PURDIANI Monika</i>					14h40-15h40 BEGINNER Elem															
BREAK DANCE Dance Room <i>SUMAPUTRA Febian</i>											17h00-18h00 Collège									

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WEDNESDAY	14h30	14h40	15h20	15h40	16h00	16h20	16h40	17h00	17h20	17h40	18h00	18h20	18h40	19h00	19h20	19h40	20h00
KICKBOXING Kindergarten Motricity <i>PRAWIRA Pierre</i>																	18h30-19h30 3e/Lycée/Adults
KRAV MAGA Kindergarten Motricity <i>LAOH Dennis</i>									16h45-17h45 Adults								
GYMNASTIQUE Gymnasium <i>FAST GYM</i>					16h00-17h00 Elementaire												
BASKETBALL Gymnasium <i>BAKTI Tiara</i>								17h10-18h10 U13-U15 2009/2010/2011/2012									
GYMNASTIQUE Kindergarten Motricity <i>FAST GYM</i>		14h30-15h30 MS/GS															
TENNIS Gymnasium <i>JITA</i>		14h40-15h40 GS/CP-CE1-CE2															
FOOTBALL Sports field <i>FFF Academy</i>		14h30-15h30 MS/GS			15h50-16h50 U9 (CE2-CM1)			17h00-18h00 GIRLS U11(CM2/6e)/U13(5e/4e)									
HOMEWORK HELP Teachers Room A 01 <i>BONHOMME Céline</i>		14h40-15h40 Elementaire															
HOMEWORK HELP Teachers Room B01 <i>GUYOMARCH Marion</i>		14h40-15h40 Elementaire															
COOKING School Kitchen <i>GLASS Inggit</i>		14h40-16h00 CE1-CE2-CM1-CM2															
GUITARE ROOM B 104 <i>LIANDO Thesar Zacharias</i>		14h40-15h40 Elementaire															
PAINTING Arts Room <i>WATTIMENA Lousiana Febe</i>		14h40-15h40 Elementaire															
PIANO Music Room <i>SARASONO Awinta</i>					16h00-18h00 Elem-College-Lycée												
DRUMS Music Room <i>ABUTHAN Aldy</i>																	18h15-20h15 Elem - College - Lycée - Adultes
PAINTING Kindergarten Canteen <i>WURIANDARI Ratih</i>		14h30-15h20 MS/GS															
SWIMMING Swimming Pool <i>ROFIQI Edi / NUGRAHA Ganjar</i>					15h50-16h50 Elementaire			17h00-18h00 ADVANCED Elementaire									18h10-19h40 ADVANCED Lycée/Adultes
HIP HOP Dance Room <i>HUSEN Ali</i>		14h40-15h40 INTERMEDIATE Elem			15h50-16h50 INTERMEDIATE Elem			17h00-18h00 Collège									18h30-19h30 Advanced Lycée
THEATRE CDI <i>MAINGUY Fiorella</i>								17h00-18h00 CM2									
THEATRE ROOM A 120 <i>KOSTUSIAK Delphine</i>								17h00-18h00 CM1									

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THURSDAY	14h30	14h40	15h20	15h40	16h00	16h20	16h40	17h00	17h20	17h40	18h00	18h20	18h40	19h00	19h20	19h40	20h00	20h20	20h40	21h00				
YOGA Kindergarten Motricity NUR Raiza																					18h15-19h15 Lycée/Adults			
HiIT / Renforcement musculaire Kindergarten Motricity GULDNER Gregory																					17h15-18h15 Adults			
GYMNASTIQUE Kindergarten Motricity FAST GYM																						14h30-15h30 MS/GS		
BADMINTON Gymnasium SULISTYO & Gregory MOULIN																						14h40-15h40 BEGINNER Elem	15h50-16h50 INTERMEDIATE Elem	19h30-21h00 ADVANCED compet Collège/Lycée
TAEKWONDO Gymnasium BRACHMANA Devdee																							18h20-19h20 Collège/Lycée	
HOMEWORK HELP Teachers Room A 108 DECENDIT Mathilde																								
FRENCH COURSE Room A 109 DE MARICOURT Joelle																							14h40-16h00 INTERMEDIATE Adultes	
ENGLISH COURSE Room A 103 CHERIF Sarra																							16h00-17h00 ADULTES Beginner/Interm	
COOKING School Kitchen GLASS Inggit																							14h40-16h00 CE1-CE2-CM1-CM2	
PAINTING Arts Room WATTIMENA Lousiana Febe																							14h40-15h40 Elementaire	
THEATRE CDI Fiorella Mainguy																							17h00-18h15 6e/5e	
PIANO Music Room SARASONO Awinta																							15h00-17h00 Elem-College-Lycée	
DRUMS Music Room ABUTHAN Aldy																							18h15-20h15 Elem - College - Lycée - Adultes	
SWIMMING Swimming Pool ROFIQI Edi / NUGRAHA Ganjar																							14h30-15h30 MS/GS	18h10-19h10 ADVANCED Collège/Lycée
K POP Dance Room MUNIR Aisha P																							14h40-15h40 Elementary	15h50-16h50 Elementary
HIP HOP Dance Room HUSEN Ali																							17h00-18h00 College	
PADEL Racket Club Cilandak Iqbal Effendi																							15h15-16h15 Elementary	16h30-17h30 College
TENNIS American Club Dharmawangsa																							15h30-16h30 CE1-CM2	
MANGA DRAWING ROOM A03 Lighteducation																							14h40-15h40 Elementary	
Trompette/Sax/Clarinette - Brass ROOM B204 MULYANTO Leonardus																							15h10-17h40 Elementaire/Collège/Lycée	

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FRIDAY

13h30 14h00 14h30 14h40 15h20 15h40 16h00 16h20 16h40 17h00 17h20 17h40 18h00

ESCRIME/FENCING Gymnasium <i>Elite Indonesia</i>									16h00-17h10 CM1/CM2-Collège			
HOMEWORK HELP Teachers Room A 03 <i>MOULIN Gregory</i>	13h30-14h30 Elementaire											
GYMNASTIQUE Gymnasium <i>FAST GYM</i>	13h30-14h30 Elementaire											
FOOTBALL Sports field <i>FFF Academy</i>	13h30-14h40 Compétition U9-U11				14h50-16h10 Compétition U13				16h20-17h50 Compétition U15			
Violon/Contrebasse/Strings Arts Room <i>WALTZIO EDUTAINMENT Priscillia</i>	13h30-16h30 Elem-College-Lycée-Adultes											
ECHECS/CHESS ROOM B 01 <i>HENDARYANSYAH Darmin</i>	13h30-14h30 BEGINNER Elem				14h40-15h40 BEGINNER Elem/College				15h50-17h10 INTERM College/Lycée			
GUITARE ROOM A 119 <i>LIANDO Thesar Zacharias</i>	13h30-14h30 Elementaire				14h40-15h40 Collège/Lycée							
PIANO Music Room <i>SARASONO Awinta</i>	13h30-17h30 Elem-College-Lycée											
TIR A L'ARC/ARCHERY GARDEN <i>Heydar</i>		14h00-15h00 CM2/College/Lycée				15h10-16h10 College/Lycée/Adultes						
TENNIS LAPANGAN TENNIS PONDOK INDAH <i>JITA</i>			14h30-15h30 Collège/Lycée									
ESCALADE / CLIMBING INDOCLIMB FX SUDIRMAN & KEMANG <i>SEMET Benoit</i>						15h00-16h30 Collège/Lycée						

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SATURDAY	8h00	8h15	8h30	9h00	9h15	9h30	9h45	10h00	10h15	10h30	10h45	11h00	11h15	11h30	11h45	12h00	12h15	12h30	
BADMINTON Gymnasium SULISTYO																			
PIANO Music Room DEIL Wilbert																			
ARTISTIC SWIMMING Swimming Pool SABIHISMA Arsyi																			
NATATION / SWIMMING Swimming Pool SULISTYO																			