

Every meal consists of :

- Baguette
- An appetizer
- Main course (2 options)
- A dessert

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Week 06-10</p> <p>WESTERN or ORIENTAL</p>	<p>VEGETABLE CREAM SOUP</p> <p>PASTA WITH TOMATOES AND PESTO PASTA, GREEN SALAD</p> <p>OR</p> <p>INDONESIAN FRIED RICE, OMELETTE, ACHAR</p> <p>MIXED FRUITS</p>	<p>NICOISE SALAD</p> <p>CHICKEN & VEGETABLES TAGINE, COUSCOUS OR NIKUJAGA, POTATOES</p> <p>PISCOK (BANANA CHOCOLATE PASTRY)</p>	<p>VEGETABLES SPRING ROLL</p> <p>HOMEMADE CHICKEN NUGGET, POTATOES & CARROT OR BEEF EMPAL SRUNDENG , YELLOW RICE AND CUCUMBER</p> <p>GRAPES</p>	<p>CUCUMBER, EDAMAME & TOMATO SALAD</p> <p>CROQUE MONSIEUR, GREEN SALAD OR CHICKEN CURRY, BASMATI RICE</p> <p>FRESH ORANGE</p>	<p>BUTTER CORN</p> <p>FISH PAPILOTE, HASH BROWN POTATOES, ROASTED TOMATEOES OR KIMBAP</p> <p>WAFFLES</p>
<p>Week 13-17</p> <p>WESTERN or ORIENTAL</p>	<p>CAESAR SALAD</p> <p>BREADED FISH, POTATOES & VEGGIES OR BEEF KALIO, STEAMED RICE, VEGGIES</p> <p>WATERMELON</p>	<p>TOMATO BRUSCHETTA</p> <p>HACHIS PARMENTIER, GREEN SALAD OR CHICKEN SATAY, FRIED RICE, VEGGIES</p> <p>GALETTE DES ROIS</p>	<p>CHEESE CROQUETTE</p> <p>BEEF GOULASH, STEW POTATOES & VEGETABLE OR</p> <p>VEGETARIAN FRIED NOODLE, SCRAMBLED EGG</p> <p>FRESH BANANA</p>	<p>GRATED CARROTS</p> <p>FETTUCCHINE BEEF CARBONARA OR HAINAN CHICKEN, HAINAN RICE, VEGGIES</p> <p>STRAWBERRY SORBET</p>	<p>CHICKEN DUMPLING</p> <p>GRILL SAUSAGE, POLENTA, GREEN SALAD OR CHICKEN NOODLES PANGSIT & MEATBALL</p> <p>ECLAIR</p>
<p>Week 20-24</p> <p>WESTERN or ORIENTAL</p>	<p>GREEK SALAD FETA CHEESE</p> <p>GRILL CHICKEN, GRATIN POMME DE TERRE OR KOREAN BEEF BBQ, RICE AND SALAD</p> <p>BANANA CAKE</p>	<p>TOMATO CERRIES W/ BASIL</p> <p>SPAGHETTI BOLOGNESE, GREEN SALAD OR</p> <p>YELLOW RICE, TEMPEH OREK & EGG, FRESH VEGETABLES</p> <p>ROASTED PINEAPPLES</p>	<p>TUNA MACARONI SALAD</p> <p>BAKED FISH WITH LEMON CREAM SAUCE, OR CHICKEN KATSU , RICE AND SALAD</p> <p>MILK & COOKIES</p>	<p>GRISSINI</p> <p>CHICKEN ROLL STUFFING, MASHED POTATOES, CAULIFLOWER OR ROASTED FISH WITH SOY SC, RICE WITH HERBS</p> <p>SLICE OF SUNKISH</p>	<p>WALDORF SALAD</p> <p>PIZZA , SALAD OR SOTO MIE & BEEF</p> <p>CREAM VANILLA</p>
<p>Week 27-31</p> <p>WESTERN or ORIENTAL</p>				<p>ITALIAN MIXED SALAD</p> <p>ITALIAN-STYLE RISOTTO WITH ROAST VEGETABLES OR OPOR AYAM, VEGETABLE AND NASI UDUK</p> <p>CHEESE CAKE</p>	<p>SAMOSA</p> <p>SWEDISH MEATBALL, POTATOES AND VEG OR CHICKEN KOFTA KEBAB WRAP</p> <p>COMPOTE DE POMME</p>

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- **Main course (2 options)**
- A dessert

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Week 03-07</p> <p>WESTERN or ORIENTAL</p>	<p>FRENCH COUNTRY SALAD</p> <p>BEEF STROGANOFF, MASHED POTATOES, SAUTEED VEG OR THAI FRIED RICE, EGG, ACAR</p> <p>CARROT CAKE</p>	<p>DIMSUM</p> <p>GENERAL TSO'S CHICKEN (NOT SPICY), STEAM RICE, CAP CAI OR PEKING DUCK, CANTONESE RICE, CUCUMBER PICKLES</p> <p>MANDARIN ORANGE</p>	<p>CUCUMBER WITH CREAM CHEESE SALAD</p> <p>FISH STICK, BUTTER RICE, SALAD OR EGG CHICKEN RAMEN</p> <p>FRUIT SATAY</p>	<p>GRATED CARROT AND JICAMA</p> <p>ROAST CHICKEN, POTATOES AND VEG OR KOREAN BEEF & VEG BBQ, RICE</p> <p>ICE CREAM</p>	<p>MEXICAN SALAD</p> <p>BEEF BURRITOS, SALAD OR CHICKEN SOTO & RICE NOODLES</p> <p>KELENGKENG</p>
<p>Week 10-14</p> <p>WESTERN or ORIENTAL</p>	<p>NICOISE SALAD</p> <p>MINUTE STEAK, POTATO DAUPHINOISE, SAUTEED VEG OR GRILL FISH WITH TERIYAKI SC, RICE AND VEG</p> <p>MADELEINE & MILK</p>	<p>EGG MIMOSA</p> <p>CHICKEN TANDOORI, BIRYANI RICE, CARROT OR THAI FRIED NOODLE & BEEF GRILL</p> <p>GREEN PEAR</p>	<p>CAULIFLOWER AU GRATIN</p> <p>CROQUE MONSIEUR, GREEN SALAD OR BRAISED BEEF , PAKCOY AND , RICE</p> <p>YOGHURT</p>	<p>GARLIC BREAD</p> <p>PENNE WITH CARROTS CREAM CHEESE, GREEN SALAD OR KOREAN VEGETABLE FRIED RICE, TEMPEH TEMPURA</p> <p>TANGERINE</p>	<p>LUMPIA SEMARANG,</p> <p>ROAST FISH, SAUTEED POTATOES, TOMATOES OR OPOR AYAM, NASI UDUK AND VEG</p> <p>FRUITS TARTLET</p>
<p>Week 17-21</p> <p>WESTERN or ORIENTAL</p>	<p>CREAMY CUCUMBER SALAD (YOGHURT & MINT)</p> <p>CHICKEN FRICASSEE, POTATOES, VEG OR SWEET AND SOUR FISH, RICE AND SALAD</p> <p>CHOCOLATE MUFFIN</p>	<p>PAN CON TOMATOES</p> <p>MARINARA PASTA & MEATBALLS, GREEN SALAD OR SAPO EGG TOFU & STEAMED RICE</p> <p>FRESH PINEAPPLE</p>	<p>EDAMAME</p> <p>CHICKEN PAELLA, YELLOW RICE, VEG SAUTEED OR BEEF PHO, NOODLES</p> <p>FRUIT PIE</p>	<p>TUNA BRUSCHETTA</p> <p>ROAST BEEF, JARDINIER VEGETABLE OR CHICKEN TIKKA MASALA, BASMATI RICE</p> <p>GRAPES</p>	<p>MINI QUICHE</p> <p>CHICKEN QUESADILLA, GREEN SALAD OR BEEF RAWON, SALTED EGG AND RICE</p> <p>LEMON SORBET</p>
<p>Week 24-26</p> <p>WESTERN or ORIENTAL</p>	<p>TOMATO AND FETA SALAD</p> <p>CHEESE BURGER , FRIES & VEGGIES OR CHICKEN KATSU CURRY UDON</p> <p>APPLE CRUMBLE</p>	<p>VEGETABLES STICK WITH TZATZIKI</p> <p>ROASTED CHICKEN, BABY GREEN BEANS, MASHED POTATOES OR BEEF RENDANG, SAUTEED GREEN BEAN, STEAMED RICE CHOCOLATE SWISS ROLL</p>	<p>MARTABAK TAHU</p> <p>MEDITERRANEAN BEEF STEW WITH PITA BREAD OR FISH KARAAGE SESAME SC, RICE AND VEG</p> <p>WATERMELON</p>		