

Menu Cantine Maternelle

September 2026

Every meal consists of :

- Baguette
- An appetizer
- Main course (2 options)
- A dessert

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 02-04 WESTERN or ORIENTAL			Green salad Minute steak, mashed potatoes, sautéed vegetables Grapes	Cucumber Salad Breaded fish, homemade fries, mixed salad Crêpe	
Week 07-11 WESTERN or ORIENTAL	Miso soup Lamb tagine, couscous Watermelon	Carrots and cucumbers with sesame sauce "Kuluyuk" fish Rice and capcay Ice cream	Pumpkin Soup Chicken mushroom Risotto Fruit skewer	Mixed lettuce Pasta alla Norma, mixed lettuce Strawberry yogurt	
Week 14-18 WESTERN or ORIENTAL	Coleslaw Pineapple chicken, Rice and vegetables Banana	Vegetable sticks and tzatziki Korean beef and veg bbq, fried noodle Choco banana cake	Vegetable spring roll Cheesy beef pasta Green salad Dragon Fruit	Cherry tomatoes and basil Chicken katsu, rice, salad Lemon yogurt cake	
Week 21-25 WESTERN or ORIENTAL	Grated carrot salad with raisins Chicken Cordon Bleu, ratatouille, Rice Mandarin orange	Avocado and corn salad Roast beef, roasted potatoes, and vegetables Mini oatmeal cookie and milk	Mini pizza Chicken roulade, potatoes, cauliflower Slice apple	Cherry tomato, pesto, and mozzarella skewer Grilled fish with herb butter and roasted potatoes Pandan Pukis	

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October 2026

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 28-30 Sept to 01-02 Oct WESTERN or ORIENTAL	Grated carrots with raisins Beef Cheese burger, homemade fries, mixed salad Fruit salad	Olive focaccia Chicken piccata, baby green beans and sauteed potatoes Apple pie	Corn cream soup Chicken steak mushroom sauce, jardiniere de legumes, Steamed Potatoes Grapes	Egg Mimosa Spaghetti with pesto, insalata  Churros	
Week 05-09 WESTERN or ORIENTAL	Chicken Lumpia Beef and Carrot Stifado, steamed potatoes Pineapple	Tomato and basil soup Tacos bean cheese, mexican rice, Guacamole  Brownie	Coleslaw Korean garlic honey chicken, rice, and cucumber salad Fruit salad	Moroccan-style carrot salad Chicken tagine Couscous Piscok (banana-choco pastry)	
Week 12-16 WESTERN or ORIENTAL	Shredded carrots and jicama Lamb Navarin with potatoes Fresh Mixed Berry fruit sorbet	Tuna bruschetta Mediterranean chicken and garbanzo bean stew, roasted veggies, bulgur Sliced oranges	Tortilla and salsa Mexican stir fry beef, Mexican rice Watermelon	Minestrone soup Carbonara, mixed lettuce  Tiramisu	