FSJ FRENCH SCHOOL LYCÉE FRANÇAIS | JAKARTA

aefe Agence pour l'enseignement français à l'étranger

Menu Cantine

November 2026
Maternelle

Every meal consists of :
- Baguette
- An appetizer
- Main course (2 options)
- A dessert

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 02 - 06 WESTERN or ORIENTAL	Corn cream soup Chicken parmigiana, roast potatoes, sauteed vegetable Orange slices	Garlic Cheese Bread Meat Lasagna, green salad *(dressing on the side)* Fresh Mixed Berry yogurt	Grated Carrots *(dressing on the side)* Beef goulash, mashed potatoes Vanilla muffin	Chopped American-style salad *(dressing on the side)* Beef kalio, nasi uduk Vegetables Fresh mango	
Week 2 09 - 13 WESTERN or ORIENTAL	Vegetables tzatziki *(dressing on the side)* Beef tagine,Couscous Sweet pineapple	Cucumber salad *(dressing on the side)* Chicken Cordon Bleu, ratatouille, White Rice Lemon yogurt cake	Tabbouleh *(dressing on the side)* Beef moussaka (vegetables served separately), mixed salad Sliced Apple	Egg Mimosa Cream carrots cheese Fusilli, green salad Apple pie	
Week 3 16 - 20 WESTERN or ORIENTAL	Coleslaw *(dressing on the side)* Beef and cheese burger, homemade fries For preschool: pieces of bread, ground meat, and chunks of boiled potato. Banana	Grated carrot and jicama *(dressing on the side)* Chicken Yassa, basmati rice, carrots Brownie Cup	Minestrone soup "Kung Pao"-style tofu, quail eggs, and vegetables, fried egg, Tempura Tempeh,Rice Grapes	Cherry tomato and basil salad *(dressing on the side)* Chicken katsu, rice, salad Banana cake	
Week 4 23-27 WESTERN or ORIENTAL	Greek salad *(dressing on the side)* Sweet and sour fish, rice, salad Tangerine	Corn on the cob indonesian fried rice, chicken satay (without skewers), achar Cookies and milk	Macaroni with tuna Croque-monsieur green salad Seasonal fruit	Thanksgiving Menu Pumpkin soup Roast chicken Mashed potatoes with gravy Green beans Apple pie	

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 30 nov - 04 dec WESTERN or ORIENTAL	Green Salad Beef rendang, rice, and salad *(does not contain chili)* Plain yogurt	Edamame Beef stew with tagliatelle Seasonal fruit	Buttered corn Vegetarian Yakisoba, tamagoyaki Chocolate ice cream	Caesar salad *(dressing on the side)* Fish katsu, rice, and salad Fruit salad	
Week 2 07 - 11 WESTERN or ORIENTAL	Vegetable with hummus *(dressing on the side)* Korean garlic honey chicken, rice, Veggies Fruit satay	Nicoise salad Spaghetti Pesto/Tomate, salad Mango sorbet	Vegetables Spring Roll Chicken paillard, vegetable rice, sauteed broccoli Watermelon	Grated Vegetables Carne guisada, mashed potatoes Pukis pandan	
Week 3 14 - 18 WESTERN or ORIENTAL	Fattoush salad Hainan-style chicken served with rice and cucumber Pineapple	Edamame and corn Fish and chips, salad Churros	Grissini Pollo a la Brasa (Peruvian Grilled Chicken), Patate al Forno, Ciambotta Fresh Strawberry	Lyonnaise Salad Spaghetti Bolognese, Green salad Profiteroles	